Cover Crops provide numerous benefits, and these are greatest when a good stand is established with as little soil disturbance as possible. To maximize benefits and to meet the criteria of the FOTG-329- Residue and Tillage Management Standard, the seeding tool or method should have a calculated Soil Tillage Intensity Rating (STIR) rating of 20 or less according to the Revised Universal Soil Loss Equation (RUSLE2).

Cover Crop Establishment

Cover Crop success is dependent on several factors:

» Seeding date
» Weather (temperature and moisture) after seeding
» Seedbed conditions
» Fertility
» Mulch or previous crop residue amounts
» Planting depth
» Seed soil contact
» Seeding rate
» Seed quality (germination and % purity)
» Time of freeze after seeding
» Insects and diseases

The following are recommended seeding methods and tools which optimize establishment factors. Each has been evaluated for their relative establishment effectiveness for: depth control, seed to soil contact, timeliness and weather conditions.

Seeding Depth Guidance

<table>
<thead>
<tr>
<th>Groups</th>
<th>Optimum</th>
<th>Maximum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brassicas, Clovers, Small Seeded Legumes,</td>
<td>1/4&quot;</td>
<td>3/4&quot;</td>
</tr>
<tr>
<td>Small Seeded Grasses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vetches, Sorghums, Wild Ryes</td>
<td>1/2&quot;</td>
<td>1&quot;</td>
</tr>
<tr>
<td>Cereal Grains</td>
<td>3/4&quot;</td>
<td>1 1/2&quot;</td>
</tr>
<tr>
<td>Beans, Peas</td>
<td>1 1/2&quot;</td>
<td>2&quot;</td>
</tr>
</tbody>
</table>
Narrow Row Planting: Many split-row or narrow row planters (15" row width or less) can be equipped with seed plates, such as are used for sugar beets or sorghum, which work well for many cover crop species. Additional adaptation and/or calibration may be necessary due to variation of seed size among cover crop species and varieties. Since a planter is capable of much more precise spacing, seed to soil contact and depth control, it is possible to reduce overall seeding rates to 50% of drilled rates. This method should provide the fastest and most consistent emergence and is recommended for seeding species during the final days of the approved seeding period. To improve crop diversity at least two species of cover crops should be planted either in alternating rows or combined together. This method should not be used if weed control is the primary purpose.

Harrow Seeding: Rotary harrows, coulter harrow type vertical tillage tools or similar tools can be used to aid in fluffing or cutting residue to allow improved seed to soil contact over broadcasting alone but may lack the depth control of planters and drills. Air delivery seeders can be mounted to these tools to deliver the seed to the soil as the residue is lifted or cut. The implement will be set to run no deeper than 1” and not be designed to invert the soil or to bury the crop residue. Coulters will be set to run straight and not be cupped or concave. Tools with multiple operation gangs should only utilize the coulters with the rear harrow gangs raised or detached. This prevents excessive soil disturbance and moisture and carbon loss that will reduce the desired benefits of the cover crop. This will be a fast, single pass operation, that can seed many acres in a short period of time.
**Broadcast Seeding:** Seed may be inexpensively broadcast into light residue crops without a seedbed preparation if completed in a uniform manner. Expect only fair seed-to-soil contact with no planting depth. This method relies on rain, freeze/thaw cycles, or snow to incorporate the seed. Heavier seeds such as cereal grains are more adapted to this method when seeding into freshly harvested crop residues. Seeding rates should be adjusted up by at least 15%. Pre-mixing the seed with 200 lbs. per acre of pelletized lime or blended with the fertilizer intended for the subsequent crop is acceptable if using an airflow applicator. Seed blended with fertilizer should be immediately spread to prevent damage to the seed. Wind speed should be 15 m.p.h. or less when broadcasting light seed, such as annual ryegrass. A harrow, meeting the same specifications as Harrow Seeding above, may be used immediately following the spreader to improve seed to soil contact.

![Airflow Applicator](image)

**Aerial Inter-Crop Seeding:** Broadcast via a plane, helicopter or high clearance sprayer into existing vegetation or standing crops. This method relies on rain, freeze/thaw cycles, or snow to incorporate the seed. Timing in the fall should be just prior to leaf drop or early crop maturity stage for most cover crops. This method may provide more timely seeding for species that require an earlier establishment. Some shade tolerant species may be adapted to earlier seeding. Earlier seeding is desirable when the cover crop is to be used for fall forage. An attempt should be made to seed just ahead of predicted rain. Seeding rates should be adjusted up by at least 15%. Only seed mixes of species with similar density should be considered. Aerial applicators should be knowledgeable of the spreading width and the weight of the planned species. Wind speed should be 15 m.p.h. or less when broadcasting. It does not include a seedbed preparation. In dry years, this method may provide the poor or inconsistent emergence compared to planting or drilling.

![Aerial Inter-Crop Seeding](image)
Other approved Innovations: Air delivery seeders can be mounted to combine heads to deliver the seed to the soil as the residue is being cut or shredded. As the residues exit the back of the combine they are spread as mulch over the seed to allow improved seed to soil contact and emergence rates over broadcasting alone. Mixes with smaller seed size may be preferable to reduce seed hopper filling frequency. Additional seeding innovations are likely and should be evaluated on a case by case basis.