

Cover Crop Periodic Table

Cool Season Plants						Warm Season Plants			
Grass		Broadleaf Plants						Grass	
Barley								Pearl Millet (wk)	
Oat (wk)	Arugula						Safflower (wk)	Foxtail Millet (wk)	
Ryegrass	Flax (wk)						Buckwheat (wk)	Proso Millet (wk)	
		Legumes							
Wheat	Rape	Turnip (wk)	Winter Field Pea	Chickling vetch (wk)	Medic	Chickpea (wk)	Sunflower (wk)	Sudan grass (wk)	
Cereal rye	Phacelia	Radish (wk)	Lentil	Red clover	Ladino clover	Cowpea (wk)	Amaranth (wk)	Teff (wk)	
Triticale	Canola / Mustards	Beet	Spring Pea (wk)	Crimson clover	Bean (wk)	Soybean (wk)	Chicory	Grain Sorghum (wk)	
Forage Oat	Ethiopian Cabbage	Tyfon (wk)	Vetch	Sweet clover	Alfalfa	Sun Hemp (wk)	Flower mix	Corn (wk)	

(wk) = winter killed